



MEDIA INFORMATION

— SYRACUSE MENS HOCKEY CLUB —

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FOR IMMEDIATE RELEASE

Head Coach Timmons Notches 100th Career Win

SYRACUSE, N.Y., November 22nd, 2025 – In Syracuse's 5-4 overtime triumph over Stony Brook University on November 22nd, Head Coach Chris Timmons collected his 100th career ACHA win.

Timmons' journey to the milestone began behind Oswego's bench, where he served as the Lakers' head coach from 2016-2020. During his stint with the program, Timmons captured his first career coaching win on September 23rd, 2016 against Villanova. Coach Timmons finished with 53 total by the time he made the move to SU.

Since he arrived in 2021, Timmons has used what he learned from his experience at Oswego to help instill a winning culture at Syracuse. He claimed his first win with the Orange on October 24th, 2021 - coincidentally against his former Lakers team. From that point he has consistently received a full buy-in from his players through the highs and lows of his time at Syracuse. Last year, Syracuse enjoyed its most successful year under Timmons when the team piled up 16 wins and advanced to the ESCHL Finals for the first time since 2019.

Embarking on lengthy postseason runs is nothing new for Timmons. Throughout his nine seasons of coaching, he's racked up four conference tournament wins, which has included appearances in both the NECHL and ESCHL Finals.

Timmons and his Orange squad return to action when they open the 2026 season against Delaware on January 9th at 7 p.m.

All home games are held at the Tannity Ice Pavilion on Syracuse University's campus and are free for students and the general public. Home games are also streamed live on the SU Hockey Network.

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