

SKANEATELES A HOCKEY LEAGUE RULES AND LEAGUE GUIDANCE

ON ICE RULES

USA Hockey rules will be enforced unless otherwise specified.

SEASON LENGTH

12 regular season games (beginning Sunday, October 26th).

Each team will play every other team in the league (4) times.

2 rounds of playoffs

STANDINGS

Win = 2 points

Overtime win = 2 points

Overtime loss = 1 point

Tie = 1 point

Regulation loss = 0 points

REGULAR SEASON OVERTIME

Regular season games that are tied at the end of regulation will play a 5 minute 3-on-3 sudden death overtime period to attempt to determine a winner. The game will end in a tie if either team does not score during the overtime period.

SUBS

All subs must be USA Hockey registered. Captains should notify Jess Poppe (2) days prior to using a sub so that their USA Hockey number can be verified. A sub must play in (3) regular season games to be eligible for playoffs.

RUNNING CLOCK RULE

If at any time during the regular season a team is winning by 7 goals or more in the first or second period of a game the clock will continue to run in between whistles until the losing team brings the score back within 5 goals. If a team is winning by 5 goals or more in the third period the clock will continue to run until the losing team brings the score within 3 goals.

FIGHTING

Fighting in the SAHL will be handled on a case-by-case basis but will result in a minimum of a 1 game suspension. If a player receives 3 fighting majors in the same season they will be suspended for the remainder of the season.

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PLAYOFF FORMAT

Semi-finals: Best of 3 game series between the #1 seed vs. #4 seed and the #2 seed vs. #3 seed.

Championship: Best of 3 game series between the 2 semi-final winners.

PLAYOFF SERIES FORMAT

A best of 3 series will be played for each playoff round. A game 3 will only be played in the event that the 2 teams split the first 2 games of the series.

PLAYOFF OVERTIME FORMAT

Playoff games that are tied at the end of regulation will play a 10 minute 4-on-4 sudden death overtime period. If the teams are tied after the 10 minute overtime period a 3 man shootout will follow.

PLAYOFF SCHEDULE

Dates are to be determined.